

# Earth Day Benefit Dinner

*to support*



## *Seeking*

## **Restaurants/Chefs/Caterers**

### ***for a 100% Plant-Based Food Tasting Event***

*VIP Hour from 6 - 7 \* Tasting Begins at 7 \* Raffle \* Silent Auction \* Entertainment*

***Wednesday, April 22, 7 - 9pm \* First Unitarian Society of Ithaca***

### **We provide:**

4 feet (minimum) of table space \* Table cloths \* Marketing for event \* Table Sign \* Business name on event flyers \* Your business name/logo with link on our website \* Social media with tags to your business \* Plates and utensils for people to eat with \* Napkins

### **You Provide:**

100% plant-based (vegan) food tastings for 75 guests (we request 1/3 serving each, equivalent to 25 full servings) \* Provide 2 or more food items to taste (50 full servings equivalent total) \* Staff to serve your food and promote your business \* Serving platter and utensils needed to serve food \* Arrive by 6 to set up (if you are able to donate food but not attend we can provide a volunteer to serve your food but we prefer you there if possible as a way to market your business)\* Optional, if you are a sponsor (\$200 and up) you get your own table \* Optional, donate gift certificate of \$25 or up for our raffle, or \$50 or up for our silent auction.

***Please confirm ability to participate no later than 3/15.***

***Your earlier commitment will provide more visibility for you in our marketing.***

**To Participate Contact:** Naomi Sommers, [naomi@healthyschoolfood.org](mailto:naomi@healthyschoolfood.org) or call 607-379-3501

**See reverse side to see how your support benefits students, families, and school staff**



COALITION  
for **HEALTHY**  
**SCHOOL FOOD**

## What Do We Offer in the Ithaca Area?

### **Our Mission**

The **Coalition for Healthy School Food** (CHSF) is a 501 (c) (3) nonprofit that introduces plant-based foods and nutrition education in schools to educate the whole school community about the health, environmental, and social justice issues of our food choices.

### **Partnership with Child Nutrition Program**

The Coalition for Healthy School Food partners with Ithaca City School District's Food Service Program. We develop plant-based recipes that are added to the lunch menu.

### **Programs for Students**

#### **Cool School Food in the Classroom:** (All elementary grades)

30 minute classroom interactive presentation that introduces students to the Cool School Food international recipes offered at lunch that day.

#### **Family & Consumer Sciences Cooking Classes:** (6th & 8th grades)

2-day visits per recipe per class to prepare and test recipes which may be added to the school menu. Day 1 prepare recipe, Day 2 - eat and have interactive presentation.

#### **After School Cooking Classes:** (Any grade, usually elementary 3rd - 5th grade)

6 or 8 week sessions featuring the Cool School Food Recipes (plant-based recipes from around the world) that are offered in the cafeteria at lunch time.

#### **Class Presentations:** (Any grade)

Topics include: Eat More Plants, Eat for the Earth, Processed Foods/Label Reading, Who Wants You to Eat Unhealthy Food? (about the food industry) and more.

#### **Taste Testing in the Cafeteria:**

Arranged through Food Service Beth Krause and the school food service staff. Students get to try Cool School Food recipes in the lunch line just before choosing their meal.

### **Program for Families**

#### **Family Dinner Night:**

This is a dinner for families and anyone who works in the school. Includes dinner, and educational activities for adults and children.

### **Programs for Teachers/PTA/School Food Service Staff**

Professional Development Workshops for Teachers

PTA Presentations for Parents/Caregivers

Educational Workshops for Food Service Staff

**Learn more at: [www.healthyschoolfood.org](http://www.healthyschoolfood.org)**